

## FirstHAND NEWS

**COMMUNITY NEWSLETTER** 





## **Transportation Reminder**

Transportation will provide outings in the morning and afternoon on Tuesdays and Thursdays. Outings will consist of shopping, lunch spots, casinos, the Pin Ball Hall of Fame, Ethel M Chocolate Factory, the LINQ, and more! Tuesday and Thursday outings are completely optional but may be high in demand. Make sure to sign up early! Spots will fill up. To learn more about Tuesday's and Thursday's transportation outings, see the front desk reception.

As a reminder, transportation services are available Mondays, Wednesdays, and Fridays for all clinical specialties/medical appointments. **Masks on public transportation, including Nevada HAND buses, are required**. If you need transportation to an upcoming appointment, please complete a transportation request form at the front desk. Request forms must be returned to the front desk at least 72 hours before your appointment. If you have questions about our transportation services, please contact the front desk reception at your community.







Meet Karla Gameros, our front lobby receptionist for Silver Sky at Deer Springs, who dislikes turtlenecks but loves turtles. A mother of three daughters, Karla has more than enough experience when it comes to multitasking. Beyond her receptionist duties, she has also donated her time to caregiving and meal prepping at other properties. Since November 2020, Karla has made it her goal to make someone smile every time she comes to work. This proves to be an easy task as her humor and laughter infect everyone she meets. "I see them all as family. I like to take care of everyone as if they were my grandparents."

No team is complete without all of its members. Rowena Sagun has been a vital asset to Deer Springs since September 2019. Fifteen years ago, she moved from the Philippines to the U.S. and started working for the Suncoast Casino. After working in the food and beverage industry for 13 years, Rowena began her internship to be a pharmaceutical tech, and within a month, was offered a position at Deer Springs. Rowena is both a receptionist and medical technician. She's a hardworking mother of two adult boys, and she loves to sing, cook, and explore the outdoors. Her favorite part of working at Nevada HAND is the residents she gets to assist.





When you come to Silver Sky Assisted Living the first people you encounter are the amazing receptionists, Rebecca Plantz and Jolinda Broad. Rebecca is originally from Columbus, Ohio and has a military background. She worked for the Department of Defense and is working on her Master's in Healthcare Administration. Rebecca has lived in Las Vegas and been part of the Nevada HAND team for over two years. She wears many hats, from organizing the monthly activity calendars, calling bingo, and running the country store for the residents. On top of her reception duties, she also fills in as a server in the dining room. Rebecca's enthusiasm for the Silver Sky community is evident by her huge heart and willingness to lend a hand.

Jolinda moved to Nevada from Hawaii in 2005 and recently joined the Nevada HAND team in March 2021. This is her first opportunity working with seniors and she absolutely loves it. Jolinda gets along with everyone and loves talking with and listening to the stories from the residents. Since her first day on the job, she has gone out of her way to help whenever she is asked. These receptionists are the backbone of the Silver Sky office.

